Leicestershire Partnership NHS Trust

Changing Demand for Mental Health Secondary Care in Leicestershire Partnership NHS Trust

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Our group strategy

Executive Summary & Context

Rising demand and system pressures

We will cover : what has changed, what we've done, what we need next

Overview of LLR population needs

Demographic and socioeconomic drivers

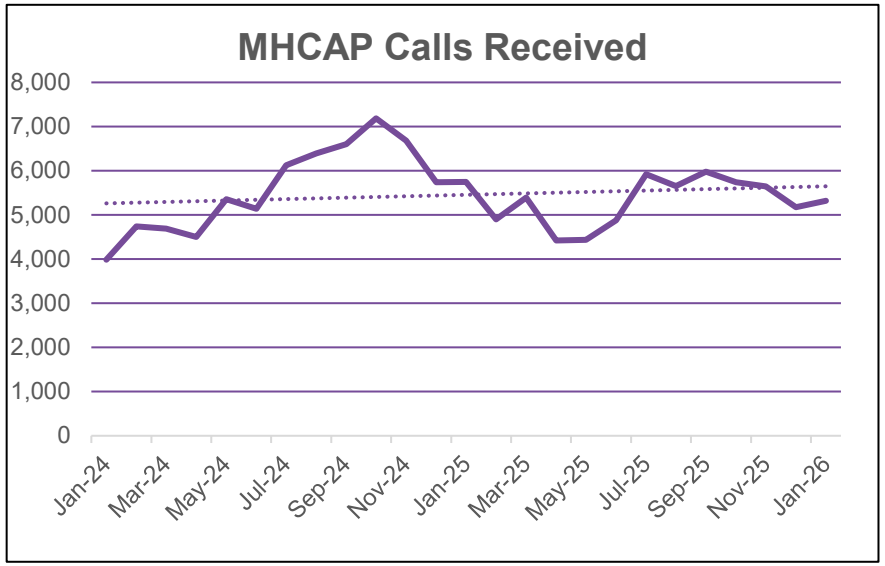
National policy context (e.g., NHS Long Term Plan, community transformation)

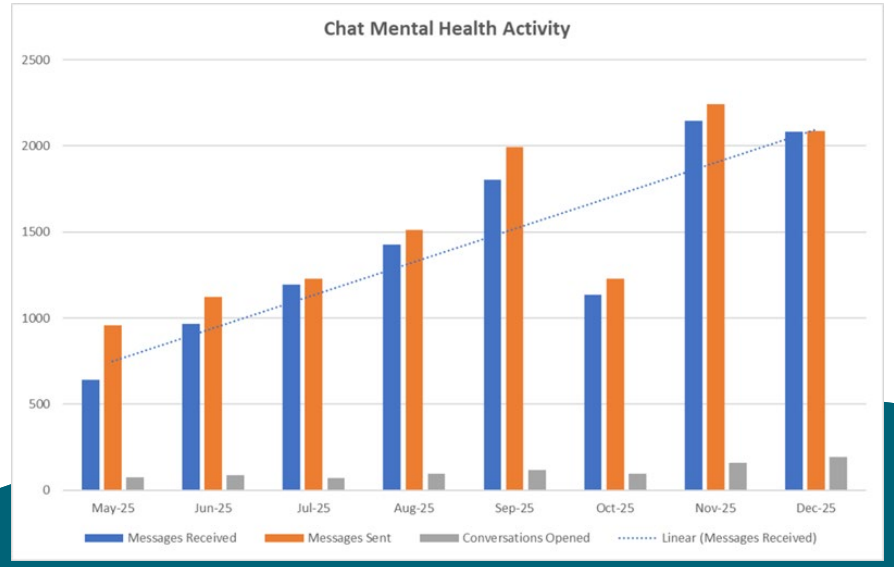
Local inequalities and priority groups

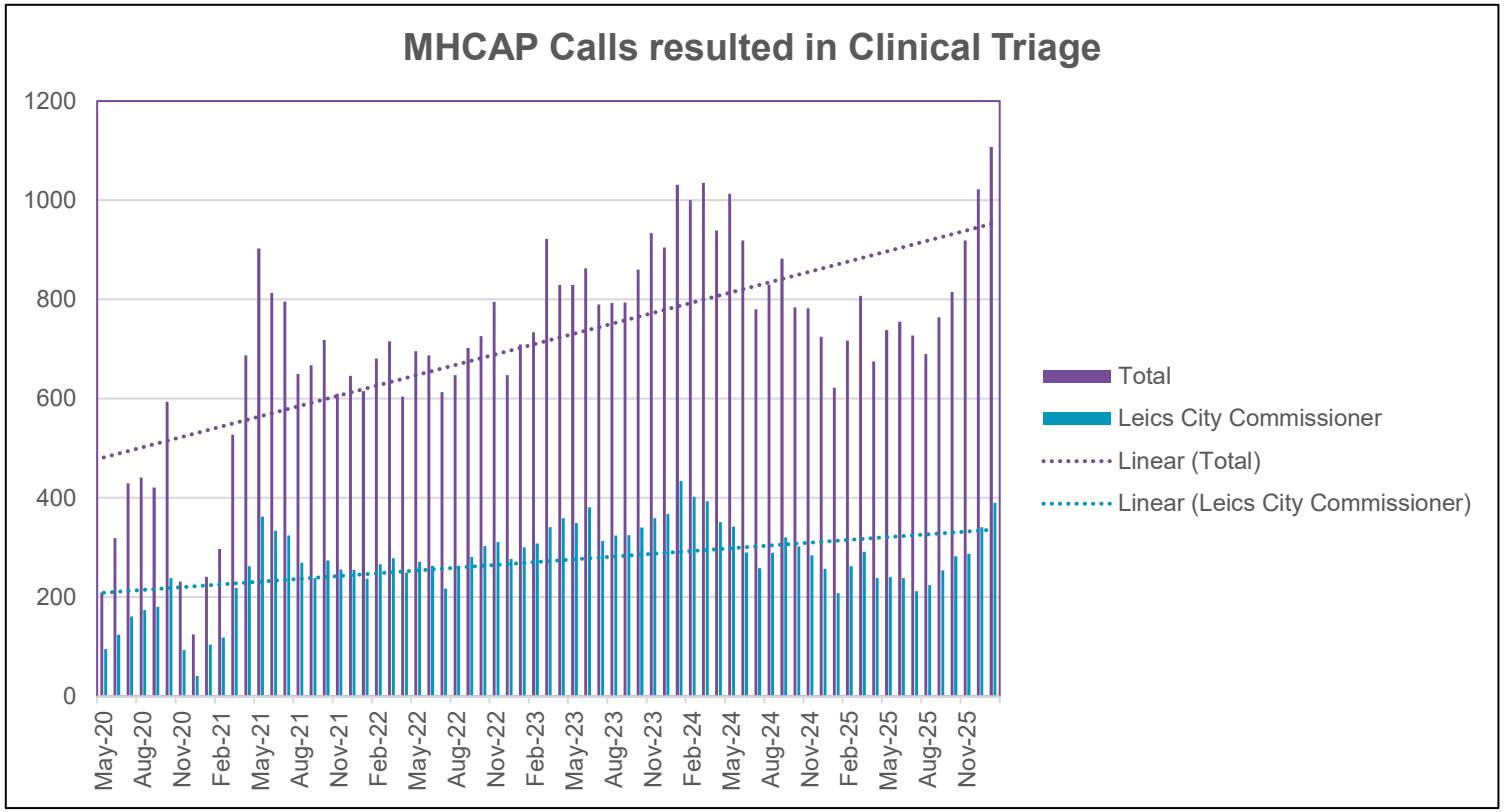
Demand Trends: What We Are Seeing

- Increase in referrals to secondary care services
- Changes in acuity, complexity, and risk profile
- Pressures on inpatient beds, crisis pathways, and community teams
- Waiting times and caseload trends
- Notable shifts post-COVID and due to cost-of-living pressures

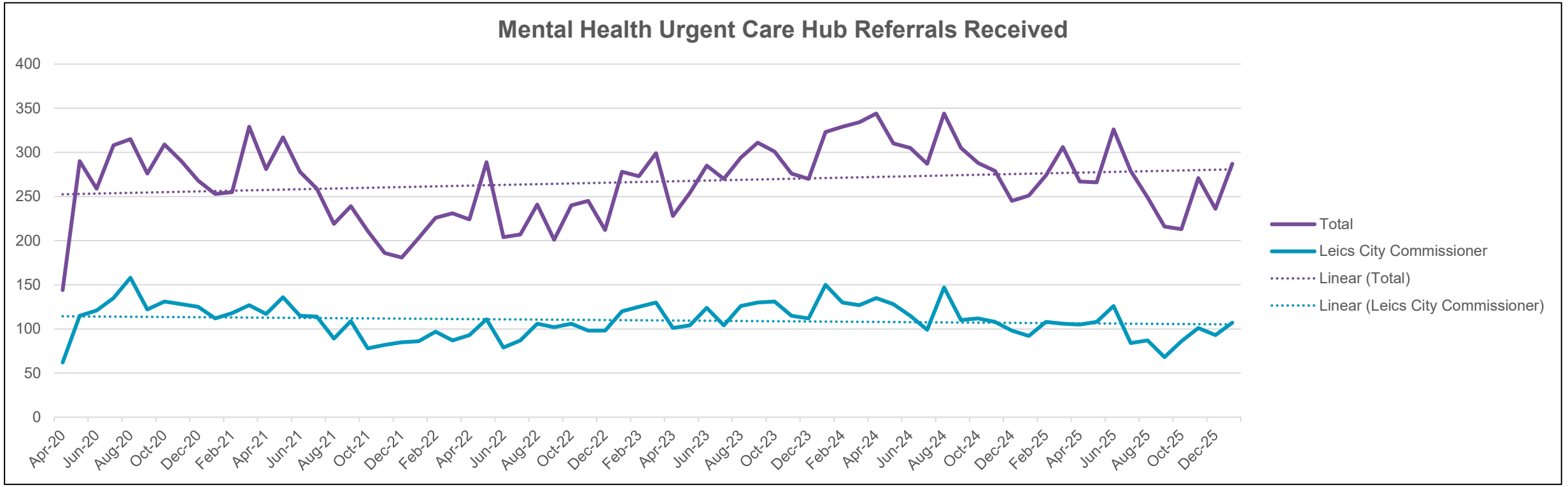
Demand Trends: Secondary Care Front Door



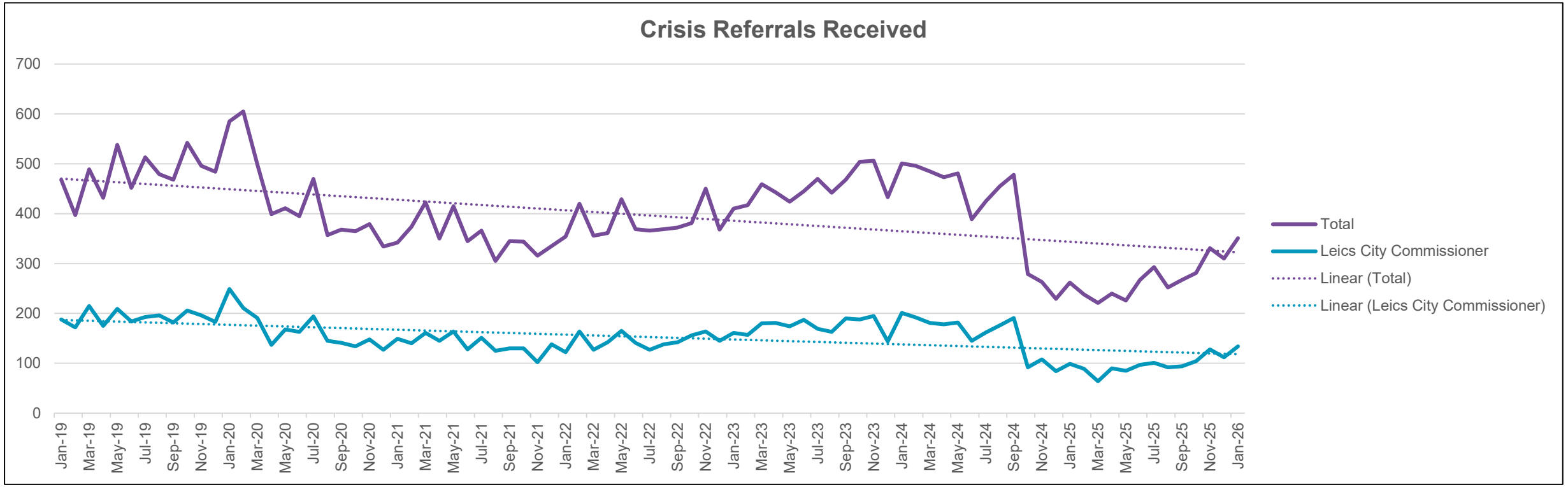




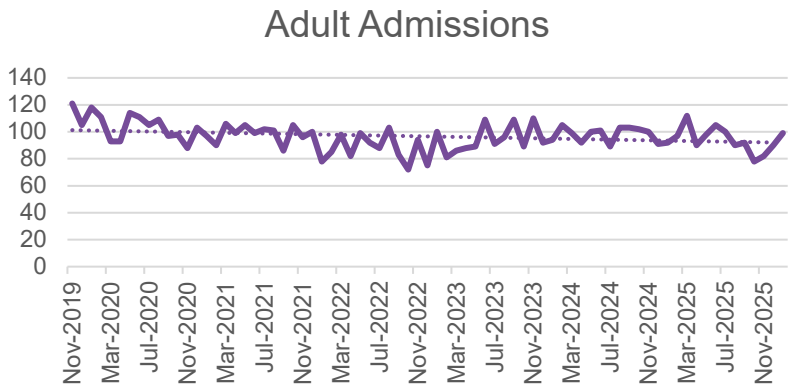
Demand Trends: MH Urgent Care Hub

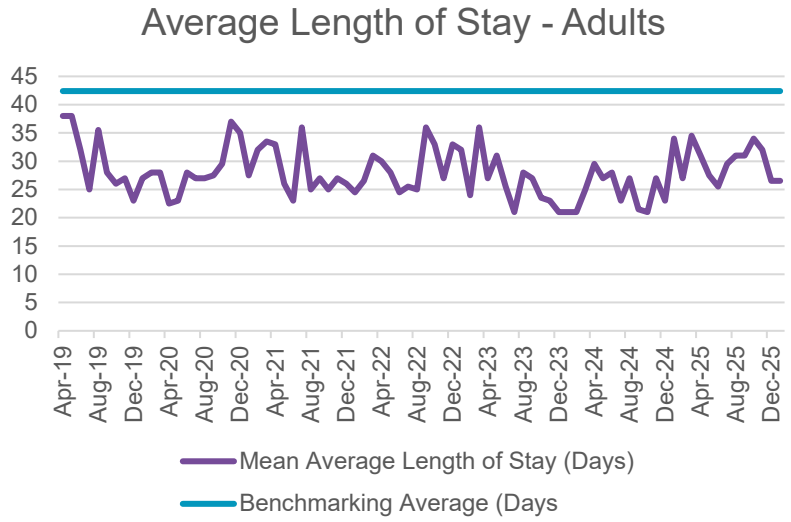


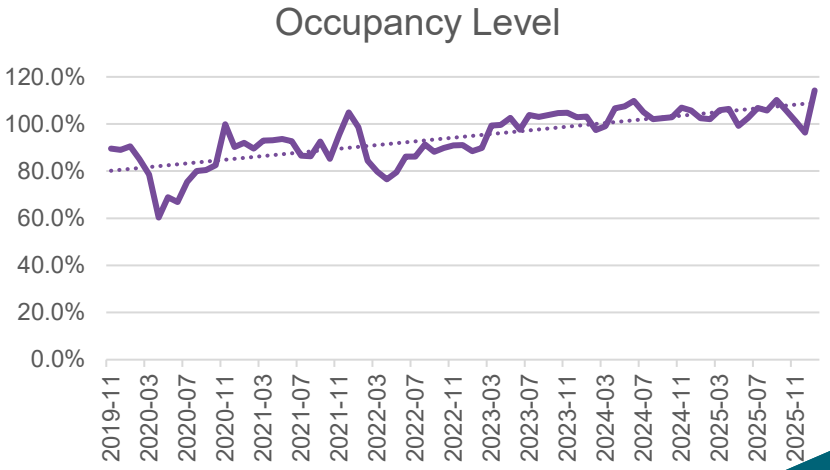
Demand Trends: Crisis Home Treatment



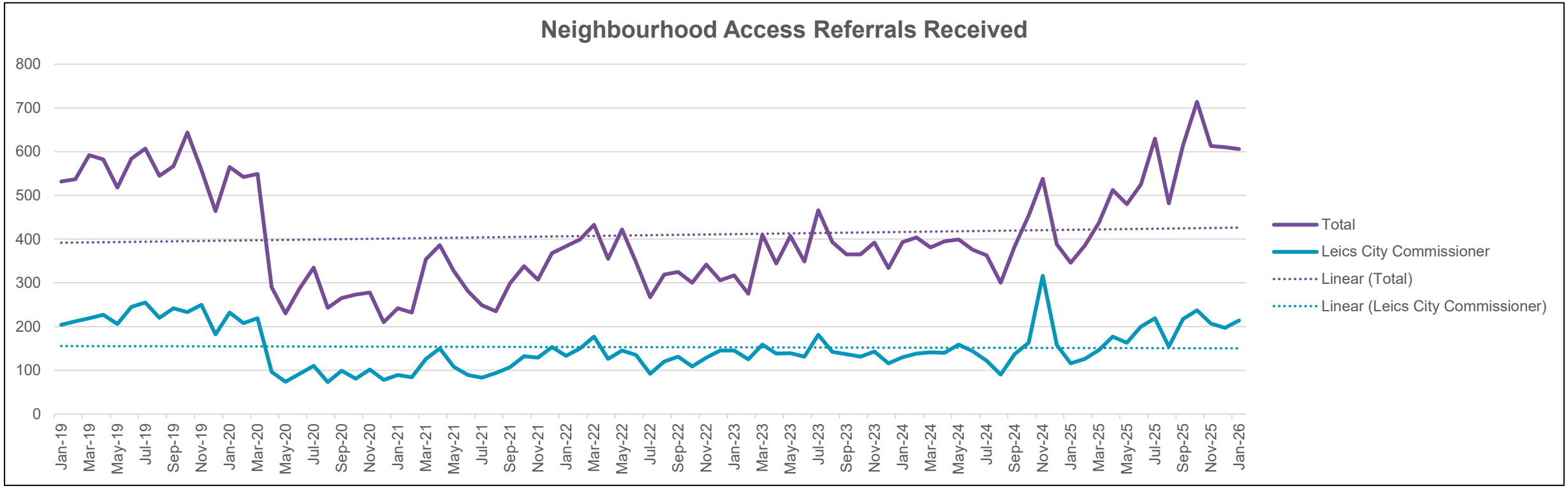
Demand Trends: Inpatient Treatment







Demand Trends: Neighbourhood Access



Drivers Behind the Increased Demand

01

Rising prevalence of mental health conditions

02

Workforce shortages across the system

03

Gaps in early intervention or community capacity

04

Social determinants: housing, deprivation, safeguarding

05

Increased public awareness and help-seeking

What We Have done So Far (LPT Actions)

Actions

- Strengthened triage and front-door pathways
- Expansion or redesign of community mental health transformation
- Crisis pathway improvements (e.g., crisis cafés, home treatment teams)
- Recruitment and retention initiatives
- Digital tools and remote support options
- Partnership working with primary care, VCSE, social care
- Quality improvement initiatives to reduce restrictive practice and improve flow

What Still Needs to Change

- Capacity constraints in both community and inpatient services
- Workforce shortages – National Challenge!
- Need for more integrated support across health, social care, and VCSE with streamlined processes to reduce timescales for actions
- Primary Care mental health support – early-stage interventions before escalating to secondary care
- Housing and social care placement challenges – Saturated Market and High Costs
- Digital limitations
- Financial sustainability longer term

Future Steps: LPT's Next Phase of Action

1. Scaling community mental health transformation
2. Further strengthening crisis alternatives and early intervention at primary care and VCS level
3. Workforce development and new roles
4. Improving flow and reducing length of stay by reducing delayed discharges into community setting
5. Real-time data-driven demand modelling and predictive analytics to support earlier intervention – feed into Strategic Needs Assessment
6. Further co-production with service users, carers and trusted others
7. Tackling inequalities through targeted interventions working with our communities

What We Need from System Partners

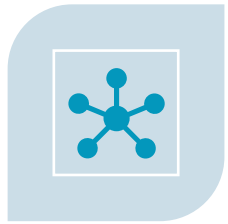
SUPPORT FOR INTEGRATED PATHWAYS AND STREAMLINED GOVERNANCE

JOINT WORKFORCE PLANNING ACROSS SECTORS

INVESTMENT IN PREVENTION AND EARLY HELP AT PRIMARY CARE LEVEL

HOUSING AND SOCIAL CARE COLLABORATION TO IMPROVE MARKET PROVISION

SHARED DATA AND INTELLIGENCE



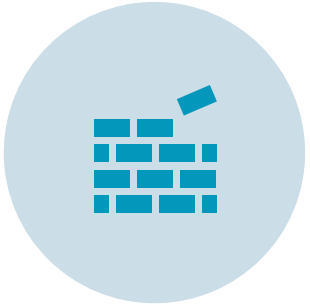
CONTINUED COMMITMENT TO SYSTEM-WIDE TRANSFORMATION

Summary and Call to Action

Summary of the challenge

What LPT has delivered

What is required to meet future demand



Clear ask of the Health and Wellbeing Board

Questions and Discussion